

Household budget · Family sheet

One month, everyone in the household: income and fixed costs at the top, who spends what at the bottom – category by category, person by person.

Month _____ Year _____ Family _____

Income

Income adult 1	
Income adult 2	
Child benefit	
Parental allowance / maintenance	
Other (refunds, sales ...)	
Total income (I)	

Fixed costs this month

Housing & energy (rent/mortgage, utilities, electricity)	
Insurance	
Contracts & subscriptions (mobile, internet, streaming)	
Children fixed: nursery, after-school care, school	
Children fixed: clubs, music school, tutoring	
Transport fixed (season ticket, car tax, lease)	
Holiday reserve / savings	
Total fixed costs (F)	

Monthly balance

Income (I)		
Fixed costs (F)	-	
Variable expenses (V, total below)	-	
Left at month end	=	
Budget for variable expenses (target, set in advance)		

Variable expenses per person: write down the month's amounts and add them up	Shared	Adult 1	Adult 2	Child 1	Child 2	Child 3	Child 4	Month total	Budget	Difference
Groceries & household										
Eating out & delivery										
Transport (fuel, parking, tickets)										
Health & personal care										
Clothing & shoes										
Leisure, sport & culture										
Children & education (school supplies, trips)										
Pocket money										
Gifts & celebrations										
Other										
Σ										= V in the balance