

Household budget · Weekly sheet

Every expense on the line of its day – add up on Sunday and take a short look back.

Week from _____ to _____ Weekly budget _____

Category codes: **GR** Groceries & household **EO** Eating out & takeaway **TR** Transport **HE** Health & personal care **CL** Clothing & shoes **LE** Leisure, sport & culture
KI Kids & education **OT** Other

What (expense)	Category	Amount	Note
Monday			Daily total _____
Tuesday			Daily total _____
Wednesday			Daily total _____
Thursday			Daily total _____
Friday			Daily total _____
Saturday			Daily total _____
Sunday			Daily total _____

Weekly summary by category

GR	Groceries & household		CL	Clothing & shoes	
EO	Eating out & takeaway		LE	Leisure, sport & culture	
TR	Transport		KI	Kids & education	
HE	Health & personal care		OT	Other	
	Weekly total			Budget – total = left	

Quick review (2 minutes, honest)

Which expense was unnecessary?

What was worth it?

One resolution for next week: